

Health Source - Consumer Edition

Welcome to the Health Source: Consumer Edition Database Information Screen!
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About the Database

Health Source: Consumer Edition

Health Source: Consumer Edition is a rich collection of consumer health information. This resource provides access to nearly 80 full text, consumer health magazines, including *American Fitness*, *Better Nutrition*, *Fit Pregnancy*, *Harvard Health Letter*, *Men's Health*, *Muscle & Fitness*, *Prevention*, *Vegetarian Times*, and many others. This database also includes searchable full text for more than 1,000 health-related pamphlets and more than 130 health reference books, including books published by the People's Medical Society. Additionally, *Health Source: Consumer Edition* contains more than 4,500 Clinical Reference Systems reports (in English and Spanish); *AHFS Consumer Medication Information*, which includes Drug information monographs written in lay language for consumers; and *Merriam-Webster's Medical Desk Dictionary*. *Health Source: Consumer Edition* covers topics such as AIDS, cancer, diabetes, drugs & alcohol, aging, fitness, nutrition & dietetics, children's health, women's health, etc.

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Searching Tips

There are a number of helpful tips and hints you can use to improve your search results. For example, you can use Boolean operators to link search terms together; and/or limit the search to a specific title.

Boolean Operators

Sometimes a search can be overly general (results equal too many hits) or overly specific (results equal too few hits). To fine tune your search, you can use AND, OR, and NOT operators to link your search words together. These operators will help you narrow or broaden your search to better express the terms you are looking for and to retrieve the exact information you need quickly.

USING THE "AND" OPERATOR: If you have a search term that is too general, you can append several terms together using "AND". By stringing key terms together, you can further define your search and reduce the number of results. Note: Unless you define a specific search field, the result list will contain references where all your search terms are located in either the citation, full display or full text.

- For example, type **sleep AND diet** to find results that refer to both sleep and diet.

USING THE "OR" OPERATOR: In order to broaden a search, you can link terms together by using the "OR" operator. By using "OR" to link your terms together you can find documents on many topics. Linked by this operator, your words are searched simultaneously and independently of each other.

- As an example, search **sleep AND diet OR eating** to find results that reference the terms "sleep" and "diet", or the term "eating".

USING THE "NOT" OPERATOR: In order to narrow a search, you can link words together by using the "NOT" operator. This operator will help you to filter out specific topics you do not wish included as part of your search.

- Type: **sleep OR diet NOT eating** to find results that contain the terms "sleep" or "diet" but not the term "eating".
- To further define your results, type: **sleep AND diet AND eating** to constrict the search to include all terms linked by the "AND" operator.

Grouping Terms Together Using Parentheses

Parentheses also may be used to control a search query. Without parentheses, a search is executed from left to right. Words that you enclose in parentheses are searched first. Why is this important? Parentheses allow you to control and define the way the search will be executed. The left phrase in parentheses is searched first; then based upon those results the second phrase in parentheses is searched.

- Generalized Search: **heart or lung and blood or oxygen**
- Focused Search: **(heart or lung) and (blood or oxygen)**

In the first example, the search will retrieve everything on "heart" as well as references to the terms "lung" and "blood", and everything on "oxygen".

In the second example, we have used the parentheses to control our query to only find articles about heart or lung that reference blood or oxygen.

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Searchable Fields

The default fields for unqualified searches consist of the following: all authors, all subjects, all keywords, all title info (including source title) and all abstracts.

The following list will help you locate detailed information referenced in this database as a field.

Searchable Tag	Description	Example
AU	Author(s) last name followed by his/her first name and a middle initial if available	AU Jefferson
TI	Searches the title of the article or a descriptive phrase if the article is dated before Nov 87v	TI education
SU	Searches the subject heading that each article is given	SU Wall Street
SO	The source in which the given article was published	SO Times
AB	Searches the abstract summaries for keywords	AB Jupiter
IL	Searches for either the type of illustrations in a given article or exclusively articles which include illustrations	IL chart IL Y
AN	An identification (accession) number	AN 10003160
IS	International Standard Serial Number (ISSN)	IS 08985162

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Definition of Fields

The following table explains the contents of each field in a Health Source: Consumer Edition record's detailed display.

Field name	Description
Title	Title of the article
Alternate Title	Non-English title of the article.
Language	Language in which the article was published.
Author(s)	Author(s) name in last name, first name format.
Source	The source in which the article was published, its volume number, the number of pages in the article, and a description and

	number of illustrations found in this article
Document Type	Displays document type information specific to the record
Subject	This specific article's subject heading describing the record's content
Geographic Terms	The specific article's geographic subject headings describing the record's content
Abstract	A brief summary taken from the article itself
Country of Publication	The country in which an article was originally published.
Committee Name	The government department or committee referenced in the document.
Region/Area	The region or area referenced in the document.
Guest	Guests referenced in the article
Full Text Word Count	The word count of the article's full text.
ISSN	International Standard Serial Number

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Publications Authority File

The Publication authority file is a list of the publications from the Health Source: Consumer Edition database. The Publication authority file is drawn from the publications listed in each record; therefore, all terms will provide links to pertinent records. You can browse this list alphabetically, or as Relevancy Ranked (keyword search).

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Subjects Authority File

The Subjects authority file is a controlled vocabulary of terms that assists in more effectively searching the database. The Subjects authority file is drawn from the subjects assigned to each record; therefore, all terms will provide links to pertinent records. You can browse this list alphabetically, or as Relevancy Ranked (keyword search).

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Where to Send Your Comments

If you have some comments about either the database or the software, we would appreciate hearing from you! Please mail your comments to:

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Please Submit any questions you have to: **<http://case.support.epnet.com>**.

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